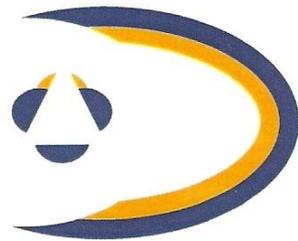


Toolbox - First Aid

Some tips for a simpler way to work



NHASCO

First aid

▶ First Aid at Work



▶ What You Need to Know About your companies Local Arrangements for First Aid.

First aid

This quick Toolbox will highlight where to find the help that you or a colleague might need.

Remembering just these basics could help you save a life... both at work and at home.



First aid

Example Listing

Name	Location	Deputy	Tel Number
A. Person	Main office	A. Other	Ext 1234
B. Mann	Warehouse	S. Amee	Ext 2123
C. Harlie	Tool Room	Y. Etanother	Ext 3234



First aid

Equipment availability - sample

Equipment	Location	Equipment	Location
First aid kit/	Office	First aid Kit/Defib	Warehouse
Eye wash/Defib		Eye wash	

First aid

- ▶ Contact the First Aid Staff by:
 - ▶ Calling by telephone
 - ▶ Calling on radio
 - ▶ Go to their normal location
 - ▶ Asking a colleague to alert the First Aid Staff
 - ▶ Announcing over the tannoy system



First aid

- ▶ Saving a life can be as simple as ABC:
 - ▶ Airway
 - ▶ Breathing
 - ▶ Circulation
- ▶ If you're in any doubt call 999

(<Insert Any Local Telephone Dialling Requirements i.e. 9999)

- ▶ **REMEMBER:**
 - ▶ First Aid saves lives
 - ▶ Act quickly but safely
 - ▶ Do not put yourself at risk - we don't want two casualties!!

First aid

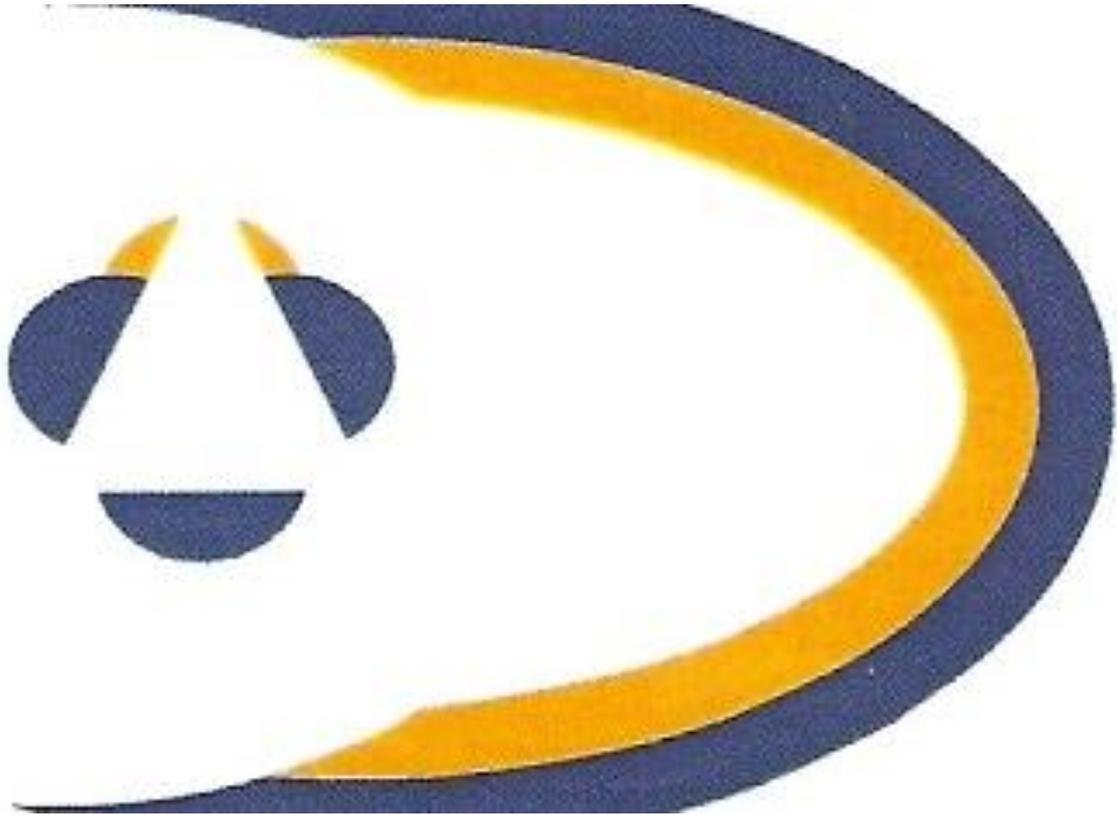


- ▶ Your initial induction will show you the first aid stations
- ▶ Who the first aiders are
- ▶ The company site location plan

- ▶ If you have not received this information during induction.....

Contact your immediate supervisor.

First aid



National Health and safety Company

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